MID-ESSEX ITT
INITIAL TEACHER TRAINING

Curriculum Overview for 2026-2027

Induction

- Introduction to MEITT
- Curriculum and Course Overview
- Policies and Procedures
- Professionalism and attendance
- Introduction to unions
- Introduction to Chartered College of Teaching
- Wellbeing and Workload
- The teaching profession

- Literacy and numeracy tests (CenturyTech)

- Observing Learning and Behaviour
- Safeguarding training

- Power of reflection
- Instructional coaching
- Voice and Presence workshop
- Teaching as a Profession

Secure Foundations

- MEITT Curriculum
- Introduction to Secure Foundations
- Introduction to School-Based and Stage Tasks
- Introduction to course assessment
- Wellbeing training for pupils and staff
- Developing a school culture/vision
- Applying for jobs
- TeachMeet #1
- Professional behaviours revisited

- Using MEITT systems e.g. Mosaic

- Establishing High Expectations
- ITaP 1 – Behaviour 1 and Routines (entry, transitions and exit)
- Role of the Form Tutor
- Motivation

- Early lesson planning
- How Children Learn 1 - Introduction to Cognitive Science
- Learners with SEND 1
- ITAP 2 Questioning to deepen and questioning to assess
- Adaptive Teaching 1
- AI and Technology in the classroom
- Adaptive Teaching 2 and the most able
- PPG, Disadvantaged, Children in Care, Young Carers,

- The School and wider Curriculum inc Carrers, Sex and Relationships, PSHE
- Parliament trip
- British Values
- Developing Learners' Literacy, Reading and Oracy Skills
- LBGTQ+

- Assessment 1: Formative Assessment

Revisit and Practise

- Working with Expert Colleagues and Stakeholders (parents, careers advisors and other expert colleagues)
- Safeguarding revisited

- Behaviour 2: De-escalation, Reboot and Reset
- Behaviour 3: Trauma Perceptive Practice (TPP)
- Tackling bullying and discrimination

- ITAP 3 – Supporting pupils with SEND
- Supporting pupils with SEMH
- Retrieval Practice
- Creativity in the Classroom
- Supporting Learners with English as an Additional Language (EAL)
- Group Work
- How Children Learn 2: Metacognition and Self-Regulated Learning

- Building a Curriculum, design and sequencing.
- Numeracy across the Curriculum
- The DEI Virtual Conference for ITTs

- Assessment 2: Summative Assessment
- Homework
- Assessment 3: Implementing Effective Feedback
- Using Data to Promote Good Progress

Looking Ahead and Transitions

- Preparing for your ECT Year
- TeachMeet#3s

- Intensive Teaching Weeks 80 per cent for 6 weeks

- ITAP4 – Assessment for Impact

- Post 16 Education
- Literacy Bus Visit
- Key Stage 2 and Transition
- Teaching Phonics
- Planning Trips and Visits
- Colchester Zoo trip

Key

- *Professional Behaviours*
- *Behaviour Management and Expectations*
- *Pedagogy*
- *Curriculum*
- *Assessment*
- *Systems and Logistics*

Highlighted = *Going Beyond the ITTECF*